

# 2 Pk Diet Winter 2024



	Saturday	Sunday
4W/412102 (with milk) 4W/412002 (without milk)	Pollock w/Coconut Rice Three Seasons Vegetable Blend Broccoli Florets Whole Wheat Bread Margarine Milk* Vanilla Crème Cookies <hr/> 096	Creamy Breaded Chicken Lima Beans Mixed Vegetables Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup <hr/> 086
4W/422102 (with milk) 4W/422002 (without milk)	Chicken Patty & Apricot Rice Carrots Brussels Sprouts Bran Muffin Margarine Milk* Orange Juice** Vanilla Crème Cookies <hr/> 028	Meatballs over Egg Noodles & Pizzaiola Sauce Carrots Green Beans Whole Wheat Bread Margarine Milk* Dragon Punch Juice Snickerdoodle Cookie <hr/> 016
4W/432102 (with milk) 4W/432002 (without milk)	Pork Patty & Zesty Orange Rice Green Peas Carrots Whole Wheat Bread Margarine Milk* Pineapple Cup <hr/> 031	Breaded Pollock w/Parma Rosa Corn with Peppers Italian Green Beans Whole Wheat Bread Margarine Milk* Orange Juice** Apple Spice Cookie <hr/> 067
4W/442102 (with milk) 4W/442002 (without milk)	Beef Patty Carrots Brussels Sprouts Whole Wheat Bread Margarine Milk* Grape Juice** Campfire S'mores Bar <hr/> 099	Southwest Style Chicken Tenders Sweet Potatoes Broccoli Florets Whole Wheat Bread Margarine Milk* Star Crunch Cookie <hr/> 089
4W/452102 (with milk) 4W/452002 (without milk)	Breaded Pollock Green Pea Blend Carrots Whole Wheat Bread Margarine Milk* Orange Juice** Chocolate Crème Cookies <hr/> 044	Homestyle Meatloaf Red Skin Potatoes Winter Vegetables Whole Wheat Bread Margarine Milk* Apple Juice** Cherry Cookie <hr/> 023

\*Available with or without milk

\*\*Calcium fortified juice

Menu effective January 2024

Case dimensions: 9.5"x7.5"x6.5"/0.268ft3

Nutritional information available at [www.traditionsi.com](http://www.traditionsi.com)