

2 Pk Diet Fall 2021



	Saturday	Sunday
TMS12102F21 (with milk) TMS12002F21 (without milk)	Pollock Nuggets Northern Beans Broccoli Florets Whole Wheat Bread Margarine Milk* Orange Juice** Vanilla Crème Cookies 070	Chicken Tenders & Zesty Orange Rice Bean Blend Three Seasons Vegetable Blend Whole Wheat Bread Margarine Milk* Star Crunch Cookie 090
TMS22102F21 (with milk) TMS22002F21 (without milk)	Lasagna w/Meat Sauce Spinach Corn with Peppers Whole Wheat Bread Margarine Milk* Grape Juice** 021	Creamy Breaded Chicken Lima Beans Mixed Vegetables Whole Wheat Bread Margarine Milk* Orange Juice** 086
TMS32102F21 (with milk) TMS32002F21 (without milk)	Beef Pepper Patty w/Gravy Spinach Sweet Potatoes Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies 042	Red Beans & Rice w/Sausage Corn with Peppers Butternut Squash Cornbread Muffin Margarine Milk* Dragon Punch Juice 020
TMS42102F21 (with milk) TMS42002F21 (without milk)	Breakfast Burrito w/Salsa Applesauce Hash Browns Bran Flakes Cereal Milk* Grape Juice** 078	Chicken & Tomato Basil Penne Corn with Peppers Green Beans Whole Wheat Bread Margarine Milk* Orange Juice** Blueberry Lemon Bar 029
TMS52102F21 (with milk) TMS52002F21 (without milk)	Taco Soup Sweet Potatoes Cauliflower Whole Wheat Bread Margarine Milk* Campfire S'mores Bar 037	Chicken & New Orleans Style Rice Four Seasons Vegetable Blend Sweet Potatoes Whole Wheat Bread Margarine Milk* Raisins 043

*Available with or without milk

**Calcium fortified juice

Menu effective October 2021

Case dimensions: 9.5"x7.5"x6.5"/0.268ft3

Nutritional information available at www.traditionsi.com