

# 5 Pk Diet Winter 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
4W415102 (with milk) 4W415002 (without milk)	Spaghetti & Meatballs Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Grape Juice**  065	Cheese Pizza Mixed Vegetables Bean Blend Bran Muffin Margarine Milk* Dragon Punch Juice  024	Beef Strip Patty & Brown Gravy Spinach Four Seasons Cornbread Muffin Margarine Milk* Apple Juice** Chocolate Creme Cookies  038	BBQ Chicken Succotash Green Beans Whole Wheat Bread Margarine Milk* Orange Juice** Oatmeal Creme Cookie  053	Ginger Pork Red Skin Potatoes Green Pea Blend Whole Wheat Bread Margarine Milk* Apple Spice Cookie  097
4W4205102 (with milk) 4W420002 (without milk)	Breaded Chicken Patty Whole Kernel Corn Spring Vegetables Cornbread Muffin Margarine Milk* Orange Juice** Star Crunch Cookie  050	Pork Patty & Brown Gravy Spinach Sweet Potatoes Cornbread Muffin Margarine Milk* Blueberry Lemon Bar  041	Thai Chili Meatballs w/Rice Green Pea Blend Broccoli Florets Whole Wheat Bread Margarine Milk* Apple Juice** Graham Crackers  059	Three Cheese Ravioli & Spinach Alfredo Mixed Vegetables Cauliflower Whole Wheat Bread Margarine Milk* Cherry Cookie  049	Chipotle Meatloaf Red Skin Potatoes Green Beans Bran Muffin Margarine Milk* Grape Juice** Applesauce Cup  084
4W4305102 (with milk) 4W430002 (without milk)	Grilled BBQ Pork Black Beans & Corn Brussels Sprouts Whole Wheat Bread Margarine Milk* Oatmeal Creme Cookie  013	Cilantro Lime Meatballs w/Rice Bean Blend Carrots Whole Wheat Bread Margarine Milk* Dragon Punch Juice  076	Rosemary Chicken Lima Beans Spring Vegetable Blend Whole Wheat Bread Margarine Milk* Orange Juice** Vanilla Crème Cookie  025	Salisbury Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Grape Juice** Strawberry Applesauce Cup  047	Pepperoni Pizza Four Seasons Vegetable Blend Whole Kernel Corn Whole Wheat Bread Margarine Milk* Dragon Punch Juice  012
4W4405102 (with milk) 4W440002 (without milk)	Chicken & Penne Pasta Alfredo Carrots Butternut Squash Whole Wheat Bread Margarine Milk* Dragon Punch Juice Cherry Cookie  094	Pollock Nuggets Northern Beans Broccoli Florets Cornbread Muffin Margarine Milk* Orange Juice**  070	Beef Pepper Patty with Gravy Spinach Sweet Potatoes Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies  042	Breaded Parmesan Chicken Patty Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Tropical Fruit Cup  077	Red Beans & Rice with Sausage Corn with Peppers Butternut Squash Whole Wheat Bread Margarine Milk* Orange Juice**  020
4W4505102 (with milk) 4W450002 (without milk)	Pork Patty & Mushroom Gravy Sweet Potatoes Green Beans Cornbread Muffin Margarine Milk* Snickerdoodle Cookie  087	Huevos Rancheros Red Skin Potatoes Broccoli Florets Bran Flakes Cereal Margarine Milk* Apple Juice**  061	Meatballs & Alfredo Shell Pasta Corn with Peppers Green Beans Bran Muffin Margarine Milk* Orange Juice**  055	Chicken Nuggets Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Grape Juice** Applesauce Cup  068	Pork Patty & Rice w/Roasted Garlic Gravy Succotash Carrots Whole Wheat Bread Margarine Milk* Dragon Punch Juice Vanilla Crème Cookies  063

\*Available with or without milk

\*\*Calcium fortified juice

Menu effective January 2024

Case dimensions: 14.25"x9"x7"/0.519ft3

Nutritional information available at [www.traditionsi.com](http://www.traditionsi.com)