

5 Pk Diet Fall 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
TMS15102F21 (with milk) TMS15002F21 (without milk)	Pizzaiola Meatballs over Egg Noodles Carrots Green Beans Whole Wheat Bread Margarine Milk* Applesauce Cup Chocolate Crème Cookies 016	Breaded Pork Red Skin Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Vanilla Crème Cookies 010	Chicken & Dumplings Lima Beans Winter Vegetables Whole Wheat Bread Margarine Milk* Orange Juice** 054	Beef Chili w/Beans Carrots Broccoli Florets Cornbread Muffin Margarine Milk* Graham Crackers 034	Chicken Parmesan Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice Campfire S'mores Bar 077
TMS25102F21 (with milk) TMS25002F21 (without milk)	Beef Patty Carrots Brussels Sprouts Whole Wheat Bread Margarine Milk* Apple Juice** Star Crunch Cookie 099	Cheese Ravioli & Spinach Alfredo Mixed Vegetables Cauliflower Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies 049	Cacciatore Chicken Tenders Red Skin Potatoes Asparagus Whole Wheat Bread Margarine Milk* Peach Cup Vanilla Crème Cookies 011	Breaded Fish Wedge Autumn Blend Butternut Squash Whole Wheat Bread Margarine Milk* Dragon Punch Juice Blueberry Lemon Bar 085	Breaded Chicken Whole Kernel Corn Spring Vegetables Whole Wheat Bread Margarine Milk* Orange Juice** Graham Crackers 050
TMS35102F21 (with milk) TMS35002F21 (without milk)	Chicken & Teriyaki Rice Sweet Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Vanilla Crème Cookies 052	Cheese Pizza Mixed Vegetables Bean Blend Whole Wheat Bread Margarine Milk* Dragon Punch Juice 024	Spaghetti & Meatballs Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Peach Cup 065	Rosemary Chicken Lima Beans Spring Vegetables Bran Muffin Margarine Milk* Orange Juice** 025	Fried Egg Patties Sweet Potatoes Asparagus Whole Wheat Bread Peanut Butter Milk* Raisins 074
TMS45102F21 (with milk) TMS45002F21 (without milk)	Macaroni & Cheese Stewed Tomatoes Bean Blend Whole Wheat Bread Margarine Milk* Dragon Punch Juice Chocolate Crème Cookies 075	Homestyle Meatloaf Red Skin Potatoes Winter Vegetables Whole Wheat Bread Margarine Milk* Campfire S'mores Bar 023	Breaded Pollock Green Pea Blend Carrots Bran Muffin Margarine Milk* Orange Juice** Vanilla Crème Cookies 044	Salisbury Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup Graham Crackers 047	Penne Alfredo Chicken Carrots Butternut Squash Whole Wheat Bread Margarine Milk* Orange Juice** Raisins 094
TMS55102F21 (with milk) TMS55002F21 (without milk)	BBQ Pork Patty Red Skin Potatoes Whole Kernel Corn Whole Wheat Bread Margarine Milk* Dragon Punch Juice Blueberry Lemon Bar 013	Chicken Florentine Rice Asparagus Carrots Whole Wheat Bread Margarine Milk* Star Crunch Cookie 079	Veal Parmesan Carrots Green Pea Blend Whole Wheat Bread Margarine Milk* Raisins 056	Mushroom Swiss Chicken Stewed Tomatoes Peas & Carrots Bran Muffin Margarine Milk* Applesauce Cup 019	Meatballs & Alfredo Shell Pasta Corn with Peppers Green Beans Whole Wheat Bread Margarine Milk* Orange Juice** Vanilla Crème Cookies 055

*Available with or without milk

**Calcium fortified juice

Menu effective October 2021

Case dimensions: 14.25"x9"x7"/0.519f3

Nutritional information available at www.traditionsi.com