

5 Pk Diet Summer and Fall 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
TMS15102U22 (with milk) TMS15002U22 (without milk)	Fried Egg Patties Sweet Potatoes Asparagus Bran Flakes Cereal Milk* Apple Juice** Raisins 074	Honey Mustard Chicken Sweet Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Grape Juice** Graham Crackers 036	Pork Patty & Zesty Orange Rice Green Peas Carrots Cornbread Muffin Margarine Milk* Orange Juice** 031	Pollock w/Spinach Alfredo Sauce Sweet Potatoes Cauliflower Whole Wheat Bread Margarine Milk* Vanilla Crème Cookies 091	Pepperoni Pizza Four Seasons Vegetable Blend Whole Kernel Corn Whole Wheat Bread Margarine Milk* Strawberry Applesauce 012
TMS25102U22 (with milk) TMS25002U22 (without milk)	Bruschetta Chicken Red Skin Potatoes Autumn Blend Whole Wheat Bread Margarine Milk* Campfire S'mores Bar 039	Meatballs with Rice & Gravy Stewed Tomatoes Peas & Carrots Whole Wheat Bread Margarine Milk* Orange Juice** Vanilla Crème Cookies 100	Cheese Omelet & Salsa Broccoli Florets Hash Browns Whole Wheat Bread Margarine Milk* Raisins 071	Salisbury Steak Red Skin Potatoes Mixed Vegetables Cornbread Muffin Margarine Milk* Strawberry Applesauce Graham Crackers 047	Pesto Basil Chicken Lima Beans Three Seasons Vegetable Blend Whole Wheat Bread Margarine Milk* Star Crunch Cookie 083
TMS35102U22 (with milk) TMS35002U22 (without milk)	Pollock w/Coconut Curry Rice Three Seasons Vegetable Blend Broccoli Florets Cornbread Muffin Margarine Milk* Apple Juice** 096	Pizzaïola Pork Asparagus Carrots Whole Wheat Bread Margarine Milk* Orange Juice** Star Crunch Cookie 015	Beef Strips w/Orange Rice Corn with Peppers Broccoli Florets Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies 027	Creamy Breaded Chicken Lima Beans Mixed Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice 086	Ginger Pork Red Skin Potatoes Green Pea Blend Whole Wheat Bread Margarine Milk* Tropical Fruit Cup Graham Crackers 097
TMS45102U22 (with milk) TMS45002U22 (without milk)	Grilled Chicken over Rice & Gravy Bean Blend Carrots Bran Muffin Margarine Milk* Dragon Punch Juice 080	Beef Patty & Onion Gravy Red Skin Potatoes Broccoli Florets Cornbread Muffin Margarine Milk* Blueberry Lemon Bar 088	Honey Mustard Chicken Tenders Spinach Carrots Cornbread Muffin Margarine Milk* Mixed Fruit Cup 017	Pork Patty & Brown Gravy Spinach Sweet Potatoes Whole Wheat Bread Margarine Milk* Apple Juice** Vanilla Crème Cookies 041	Spaghetti & Meatballs Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Grape Juice** Chocolate Crème Cookies 065
TMS55102U22 (with milk) TMS55002U22 (without milk)	Breakfast Scramble Asparagus Hash Browns Bran Flakes Cereal Milk* Raisins 093	Chimichurri Chicken Stewed Tomatoes Black Beans & Corn Whole Wheat Bread Margarine Milk* Star Crunch Cookie 081	Beef Patty Strips & Gravy Spinach Four Seasons Vegetable Blend Cornbread Muffin Margarine Milk* Dragon Punch Juice Campfire S'mores Bar 038	Macaroni & Cheese Stewed Tomatoes Bean Blend Cornbread Muffin Margarine Milk* Applesauce Cup 075	Beef Patty Carrots Brussels Sprouts Whole Wheat Bread Margarine Milk* Grape Juice** Chocolate Crème Cookies 099

*Available with or without milk

**Calcium fortified juice

Menu effective July 2022

Case dimensions: 14.25"x9"x7"/0.519ft3

Nutritional information available at www.traditionsi.com