# 7-Meal Variety Packages

Perfect solution to provide 1 meal to your customers for a week.

Select from our 5 menus for 7-meal packages. Each package is complete with desserts, breads and appropriate accompaniments. You can order meals with or without milk.

### Menu 17102 (17002 without milk)

- **Macaroni & Cheese** with Bean Blend and Stewed Tomatoes
- **Homestyle Meatloaf** with Winter Blend Vegetables and Red Skin Potatoes
- **Honey Mustard Chicken Tenders** with Spinach and Carrots
- **Pork Patty & Mushroom Gravy** with Sweet Potatoes and Green Beans
- **Spaghetti & Meatballs** with Whole Kernel Corn and Broccoli Florets
- **Chicken Chili with Beans** with Cauliflower and Spring Vegetables
- **Beef Strips & Gravy** with Spinach and Four Seasons Vegetables

### Menu 27102 (27002 without milk)

- **Pork Patty with BBQ Sauce** with Red Skin Potatoes and Whole Kernel Corn
- **Chicken & Honey Lemon Rice** with Black Beans & Corn and Brussels Sprouts
- **Breakfast Scramble** with Asparagus and Hash Browns
- **Beef Meatballs** with Rice & Gravy with Peas & Carrots and Stewed Tomatoes
- **Breaded Pollock** with Green Pea Blend Vegetables and Carrots
- **Chipotle Meatloaf** with Red Skin Potatoes and Green Beans
- **Chicken Tenders over Zesty Orange Rice** with Bean Blend and Three Seasons Blend

### Menu 37102 (37002 without milk)

- **Beef Patty over Cheesy Chipotle Rice** with Whole Kernel Corn and Broccoli Florets
- **Chicken with Brown Rice and Teriyaki Sauce** with Sweet Potatoes and Brussels Sprouts
- **Breaded Fish Wedge** with Butternut Squash and Autumn Blend
- **Pork and Chicken Smoked Sausage Link & Beans** with Winter Vegetables and Red Skin Potatoes
- **Chicken & Stuffing** with Spring Vegetables and Three Seasons Blend
- **Pork Patty with Pizzaola Sauce** with Asparagus and Carrots
- **Cheese Pizza** with Bean Blend and Mixed Vegetables

### Menu 47102 (47002 without milk)

- **Bruschetta Chicken** with Red Skin Potatoes and Autumn Blend
- **Fried Egg Patties** with Asparagus and Sweet Potatoes
- **Meatballs & Alfredo Shell Pasta** with Whole Kernel Corn and Green Beans
- **Chicken Noodle Casserole** with Three Seasons Blend and Bean Blend
- **Beef & Pepper Patty with Gravy** with Spinach and Sweet Potatoes
- **Chimichurri Chicken Breast** with Black Beans & Corn and Stewed Tomatoes
- **Beef Patty with Onion Gravy** with Red Skin Potatoes and Broccoli Florets

### Menu 57102 (57002 without milk)

- **Florentine Stuffed Shell with Meat Sauce** with Northern Beans and Spring Vegetables
- **Chicken Patty & Mushroom Swiss Rice** with Peas & Carrots and Stewed Tomatoes
- **Pork Patty & Gravy** with Spinach and Sweet Potatoes
- **Salisbury Steak** with Red Skin Potatoes and Mixed Vegetables
- **Southwest Style Chicken Tenders** with Cinnamon Flavored Sweet Potatoes and Broccoli Florets
- **Breaded Veal Parmesan** with Green Pea Blend Vegetables and Carrots
- **Sausage Bean Soup** with Sweet Potatoes and Green Beans

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For meal samples, contact our Customer Service Department at 877.936.8148 or customer@traditionsi.com
Perfect solution to provide one weekday meal to your customers. Traditions menus with fruit sides adds menus selections with a higher potassium level.

Select from our 5 menus for 7-meal packages with fruit sides.

**MENU 17107 (17007 without milk)**

- **Macaroni & Cheese** with Bean Blend, Stewed Tomatoes, Bran Muffin, Margarine, Orange Juice, and Strawberry Cereal Bar
- **Homestyle Meatloaf** with Winter Blend Vegetables, Red Skin Potatoes, Whole Wheat Bread, Margarine, Apple Juice and Cinnamon Cookie Bites
- **Honey Mustard Chicken Tenders** with Spinach, Carrots, Whole Wheat Bread, Margarine, Strawberry Applesauce Cup and Animal Crackers
- **Pork Patty & Mushroom Gravy** with Sweet Potatoes, Green Beans, Whole Wheat Bread, Margarine, Fruit Punch Juice and Aloha Trail Mix
- **Spaghetti & Meatballs** with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine and Raisins
- **Chicken Chili with Beans** with Cauliflower, Spring Vegetables, Cornbread Muffin, Margarine, Grape Juice and Roasted Peanuts
- **Beef Strips & Gravy** with Spinach, Four Seasons Vegetables, Whole Wheat Bread, Margarine, Raisins and Graham Crackers

**MENU 27107 (27007 without milk)**

- **Pork Patty with BBQ Sauce** with Red Skin Potatoes, Whole Kernel Corn, Whole Wheat Bread, Margarine, Pineapple Cup and Vanilla Crème Cookies
- **Chicken & Honey Lemon Rice** with Black Beans & Corn, Brussels Sprouts, Bran Muffin, Margarine, Wango Mango Juice and Graham Crackers
- **Breakfast Scramble** with Asparagus, Hash Browns, Whole Wheat Bread, Margarine, Raisins and Animal Crackers
- **Beef Meatballs** with Rice & Gravy with Peas & Carrots, Stewed Tomatoes, Whole Wheat Bread, Margarine, Orange Juice and Browne
- **Breaded Pollock** with Green Pea Blend Vegetables, Carrots, Cornbread Muffin, Margarine, Apple Juice and Strawberry Cereal Bar
- **Chipotle Meatloaf** with Red Skin Potatoes, Green Beans, Bran Muffin, Margarine, Orange Juice and Raisins
- **Chicken Tenders over Zesty Orange Rice** with Bean Blend, Three Seasons Blend, Whole Wheat Bread, Margarine and Banana Chips

**MENU 37107 (37007 without milk)**

- **Beef Patty over Cheesy Chipotle Rice** with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Dragon Fruit Punch and Apple Cereal Bar
- **Chicken with Brown Rice and Teriyaki Sauce** with Sweet Potatoes, Brussels Sprouts, Bran Muffin, Margarine, Fruit Punch Juice and Sunflower Kernels
- **Breaded Fish Wedge** with Butternut Squash, Autumn Blend, Whole Wheat Bread, Margarine, Orange Juice and Aloha Trail Mix
- **Pork and Chicken Smoked Sausage Link & Beans** with Winter Vegetables, Red Skin Potatoes, Whole Wheat Bread, Margarine and Apple Juice
- **Chicken & Stuffing** with Spring Vegetables, Three Seasons Blend, Whole Wheat Bread, Margarine and Raisins
- **Pork Patty with Pizzaiola Sauce** with Asparagus, Carrots, Whole Wheat Bread, Margarine, Apple Juice and Star Crunch Cookie
- **Cheese Pizza** with Bean Blend, Mixed Vegetables, Bran Muffin, Margarine, and Applesauce Cup
**MENU 47107 (47007 without milk)**

**Bruschetta Chicken** with Red Skin Potatoes, Autumn Blend, Bran Muffin, Margarine and Banana Chips

**Fried Egg Patties** with Asparagus, Sweet Potatoes, Whole Wheat Bread, Margarine, Orange Juice and Raisins

**Meatballs & Alfredo Shell Pasta** with Whole Kernel Corn, Green Beans, Cornbread Muffins, Margarine, Cherry Star Juice and Animal Crackers

**Chicken Noodle Casserole** with Three Seasons Blend, Bean Blend, Whole Wheat Bread, Margarine, Apple Juice and Lemon Crème Cookies

**Beef & Pepper Patty with Gravy** with Spinach, Sweet Potatoes, Cornbread Muffins, Margarine, Pear Cup and Chocolate Crème Cookies

**Chimichurri Chicken Breast** with Black Beans & Corn, Stewed Tomatoes, Whole Wheat bread, Margarine, Grape Juice and Aloha Trail Mix

**Beef Patty with Onion Gravy** with Red Skin Potatoes, Broccoli Florets, Bran Muffin, Margarine, Apple Juice and Strawberry Cereal Bar

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**MENU 57107 (57007 without milk)**

**Pork and Chicken Smoked Sausage Link & Beans** with Winter Vegetables, Red Skin Potatoes, Whole Wheat Bread, Margarine and Applesauce Cup

**Chicken Patty & Mushroom Swiss Rice** with Peas & Carrots, Stewed Tomatoes, Whole Wheat Bread, Margarine, Orange Pineapple Juice and Roasted Peanuts

**Pork Patty & Gravy** with Spinach, Sweet Potatoes, Whole Wheat Bread, Margarine and Grape Juice

**Salisbury Steak** with Red Skin Potatoes, Mixed Vegetables Whole Wheat Bread, Margarine, Orange Juice and Graham Crackers

**Southwest Style Chicken Tenders** with Cinnamon Flavored Sweet Potatoes, Broccoli Florets, Whole Wheat Bread, Margarine and Raisins

**Breaded Veal Parmesan** with Green Pea Blend, Carrots, Bran Muffin, Margarine, and Orange Juice

**Sausage Bean Soup** with Sweet Potatoes, Green Beans, Whole Wheat Bread, Margarine, Cherry Star Juice

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