

# 2 Pk Diet Winter 2023



	Saturday	Sunday
4W312102 (with milk) 4W312002 (without milk)	Chicken Parmesan Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Tropical Fruit Cup <hr/> 077	Breakfast Scramble Asparagus Hash Browns Whole Wheat Bread Margarine Milk* Raisins Graham Crackers <hr/> 093
4W322102 (with milk) 4W322002 (without milk)	Beef Patty & Onion Gravy Red Skin Potatoes Broccoli Florets Whole Wheat Bread Margarine Milk* Raisins Strawberry Crisp Bar <hr/> 088	Mushroom Swiss Chicken & Rice Stewed Tomatoes Peas & Carrots Whole Wheat Bread Margarine Milk* Pineapple Cup Vanilla Crème Cookies <hr/> 019
4W332102 (with milk) 4W332002 (without milk)	Fried Egg Patties Sweet Potatoes Asparagus Whole Wheat Bread Margarine Milk* Raisins Berry Apple Crisp Bar <hr/> 074	Chipotle Meatloaf Red Skin Potatoes Green Beans Bran Muffin Margarine Milk* Peach Cup Graham Crackers <hr/> 084
4W342102 (with milk) 4W342002 (without milk)	Mushroom Pork Sweet Potatoes Green Beans Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup Chocolate Crème Cookies <hr/> 087	Chicken & Dumplings Lima Beans Winter Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice <hr/> 054
4W352102 (with milk) 4W352002 (without milk)	Cheese Pizza Mixed Vegetables Bean Blend Whole Wheat Bread Margarine Milk* Tropical Fruit Cup <hr/> 024	Chicken Florentine & Rice Asparagus Carrots Whole Wheat Bread Margarine Milk* Berry Apple Crisp Bar <hr/> 079

\*Available with or without milk

\*\*Calcium fortified juice

Menu effective January 2023

Case dimensions: 9.5"x7.5"x6.5"/0.268ft3

Nutritional information available at [www.traditionsi.com](http://www.traditionsi.com)